

DAY 1 | Depart U.S.

Depart Boston/Portland to Guatemala City.
Spend the evening in Guatemala City.

DAY 2 | Santiago Atitlan

AM Travel by van (3.5 hours) to Lake Atitlan.
PM Guided cultural tour and shaman ceremony.

DAY 3 | Santiago Atitlan

Learn how to barter at the local street market.
Take a hike in the Guatemala highlands.

DAY 4 | Santiago Atitlan

Spend the day visiting local organizations providing healthcare services and serving older people and people with disabilities.

DAY 5 | Antigua

Spend the day with _____ visiting the homes of local elders. Late afternoon van to Antigua.

DAY 6 | Antigua

Work with local therapists and assist with wheelchair and prosthetics distribution.

DAY 7 | Antigua

Visit local rehabilitation facilities and NGOs.

DAY 8 | Antigua

Work with the therapists at a local pediatric clinic.
Watch the national wheelchair basketball team practice.

DAY 9 | Antigua

AM Tour a local coffee farm and learn how coffee is produced.
PM Take a chocolate making class.
Shop with the locals at the outdoor market.

DAY 10 | Return to the U.S.

AM Van from Antigua to airport.
Return to Boston/Portland.